

Resources

- **Automobile Club of Southern California:** aaa.com
- **Distraction.Gov:** distraction.gov
- **Federal Communications Commission:** fcc.gov/cgb/driving.html
- **Focus Driven:** focusdriven.org/index.aspx
- **Geico Insurance:** geico.com/information/safety/auto/teendriving/distracted-driving
- **Kohl's Cares:** kohlscorporation.com/communityrelations/community01.htm
- **National Safety Council:** nsc.org/safety_road/Distracted_Driving/Pages/distracted_driving.aspx
- **Nationwide Insurance:** nationwide.com/newsroom/dwd-facts-figures.jsp
- **The Oprah Show:** oprah.com/oprahshow/End-Distracted-Driving

Would You Drive Blind on a Football Field?



Visit MillerChildrens.org/families/safety-coalition

Distracted Driving

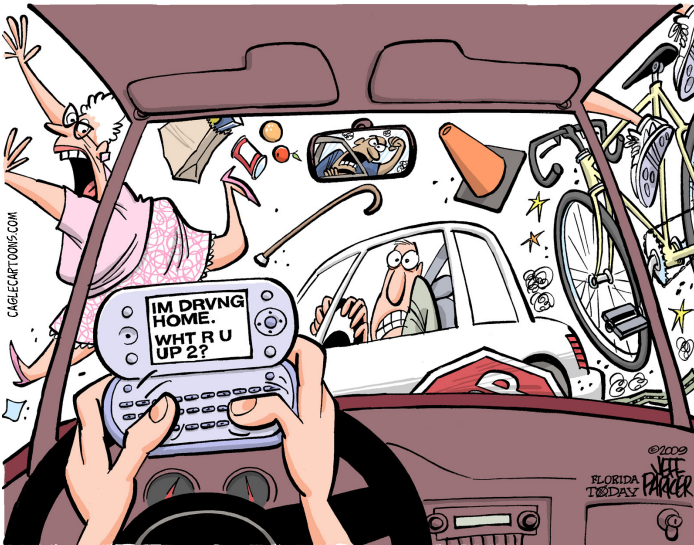
While driving do you...

Check all that apply.

- Drink, eat, shave, put on makeup or engage in other activities?
- Talk or text on your cell phone?
- Think you can safely look to the side for more than a second?
- Answer your phone without stopping your car?
- Adjust mirrors, climate, GPS, radio, seats or CD player?
- Feel tired?
- Try to deal with friends or pets without stopping?

If you checked even one box, you are at risk for distracted driving.

Nearly 80% of all crashes and 65% of all near-crashes involve driver distraction during the last three seconds before the incident.



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Driving Means Freedom

Driving is one of the best milestones of being a teenager. It lets you spend time with your friends, be on your own schedule and become a little more independent.

You always hear that driving is a big responsibility, but how does this effect you?

A study by the National Highway Traffic Safety Administration (NHTSA) says that men and women under the age of 20 are most likely to get into an accident.

Texting and Driving

Texting while driving is one of the worst distractions.

- Texting takes your eyes off the road for an average of five seconds at a time. At 55 mph, that's like driving the length of a football field, **completely blind.**
- It results in crashes that **kill** an average of **11 teenagers** a day.
- Texting while driving results in more than **300,000** distracted driving **injuries per year.**



Next time your friends text you while you are on the road, wait until you are no longer driving to respond.

It is not worth it to risk your life.