

Visitor Restrictions Tip Sheet

LBMC & MCWH

05.07.21



At MemorialCare, we pride ourselves on being a patient- and family-centered organization and know in-person visits provide support and reassurance for patients and families alike. The COVID-19 pandemic is a difficult time for all of us. Times have changed quickly and dramatically due to the virus. As a patient-centered hospital, we must do everything we can to prevent the spread of this disease.

Below are temporary COVID-19 visiting guidelines for MemorialCare Long Beach Medical Center and Miller Children's & Women's Hospital. These are general guidelines; at any time, visitation may be restricted, or hours limited at the discretion of hospital leadership to ensure the safety of patients, staff, physicians, and visitors. All visitation is subject to the ability to maintain social distancing and visitors complying with these guidelines.

- **End-of-Life:** Any patient who is at the end of life may have two (2) visitors.
- **Emergency Department:** Pediatric patients may have up to two (2) visitors. Adult patients may have one visitor at a time and up to two (2) designated visitors who may switch off, unless otherwise indicated by staff to ensure safety of patients, staff, physicians and visitors.
- **Pediatric Outpatients:** Patients in pediatric departments may have up to two (2) designated parent/legal guardian or support persons at a time unless otherwise indicated by staff to ensure safety of patients, staff, physicians and visitors.
- **Pediatric Inpatients:** May have up to two (2) parent/legal guardian or support persons unless otherwise indicated by staff to ensure safety of patients, staff physicians and visitors.
- **Neonatal Intensive Care Patients:** May have up to two (2) parent/legal guardian support persons unless otherwise indicated by staff to ensure safety of patients, staff physicians and visitors. COVID positive parents are generally restricted in the NICU, exceptions may be made on a case-by-case basis
- **Maternity Patients:** Laboring, Antepartum & Postpartum patients may have up to two support persons visit per hospital stay. A Certified Doula may be present if counted as one of the two people and must comply with PPE and infection control guidelines. Doula visitation occurs during labor and up to 2 hours post-delivery. Visitation may be further limited as indicated by staff to ensure the safety of patients, staff, physicians, and visitors.
- **OB Outpatient:** Patients in ambulatory OB departments may have one support person visit if space permits or unless otherwise indicated by staff to ensure safety of patients, staff, physicians and visitors.
- **Adult Inpatients:** Adult inpatients in a single occupancy room may have up to two (2) visitors at a time who must remain in the room for the duration of the visit unless otherwise indicated by staff to ensure safety of patients, staff, physicians and visitors. At this time, all double occupancy rooms and critical care rooms will be limited to one (1) visitor per patient to ensure physical distancing in the room. Should be limited to two (2) designated visitors throughout the hospitalization.
- **Surgical/Procedural Patients:** Patients undergoing a surgery or procedure may have up to two (2) support persons unless otherwise indicated by staff to ensure safety of patients, staff, physicians and visitors. There will be no general visitation in the PACU, and Pre-op visits will be determined on a case-by-case basis.
- **Patients who require special assistance:** Altered, dependent and patients with cognitive impairments may have up to two (2) visitors unless otherwise indicated by staff to ensure safety of patients, staff, physicians and visitors.
- **Patients that are COVID+ or suspected COVID:** No general visitation is allowed. Exceptions include End of Life, Maternity Partner in Care, Pediatric, NICU and on a case-by case basis.

Each visitor entering a MemorialCare facility must comply with the following:

- Wear a face mask (procedural mask required in patient areas) that covers the entire mouth and nose when entering the facility and must always wear a procedural mask while in patient care areas. The only exception is if you are eating or drinking; when your mask is off, you must stay at least 6 feet apart from other individuals. Visitors should use the same mask throughout the day unless discarding is indicated by isolation precautions.
- Complete screening each time entering the facility, and disclose, any symptoms of illness including fever, shortness of breath, cough, sore throat, body aches, chills, new loss of smell or taste, nausea, vomiting or diarrhea. Visitors with symptoms of illness, including fever, will not be permitted to visit. Once screened, the visitor must go directly to the assigned room of their family member.
- Practice social distancing by remaining 6 feet apart from others whenever possible.
- Visitors should wash their hands frequently, upon entering the room, leaving the room, before and after eating, and before and after using the restroom.
- Visitors are only permitted in hospital approved common areas.
- Meals: Visitors may bring a meal with them in an airtight container. We are unable to refrigerate visitors' meal containers, so food should be able to remain at room temperature. If a visitor is unable to bring food with them, they may leave the campus for a meal. They will need to be rescreened on re-entry to the hospital.
- Remain in the patient's room or designated waiting areas except when accompanying the patient for approved activities. Once the visitor leaves the patient room or waiting areas, they must immediately exit the facility.
- Minors: Minors, including siblings, must be 16 years or older to visit. Exceptions may be made on a case-by-case basis by campus leadership and infection prevention.

Note: These guidelines are for the protection of patients, staff, and visitors. Visitation is a privilege. Anyone who does not follow this guidance is subject to removal from the facility with further visiting privileges rescinded. Thank you in advance for your full cooperation. Any exceptions to these guidelines must be approved by administration or designee prior to visitation.