



FORWARD-FACING CAR SEAT


MemorialCare
Miller Children's & Women's
Hospital Long Beach

To learn more, please visit us at:
MillerChildrens.org/injuryprevention

This postcard was created with assistance from *SafetyBeltSafe* U.S.A.

Always read the vehicle owner's manual and the car seat instructions before installation. Your child must meet the height and weight requirements of the seat.



- Learn how to properly install the car seat with the seat belt or LATCH system (read vehicle owner's manual to locate LATCH system).
- Harness system must be used with the straps/slots at or above shoulder level and until the upper weight limit of the harness is reached.
- Make sure harness straps are snug and that the chest clip is at armpit level.



- Keep your child in the forward-facing car seat with harness and LATCH system until the child's shoulders are above the top harness slot or exceeds the harness weight limit.
- When a child outgrows the forward-facing seat, he or she may transition to a belt-positioning booster seat.



- Booster seat must be used with both lap and shoulder belt.
- Shoulder belt should lie across the center of the chest in between the neck and arm. The lap belt must lie low across the upper thighs.
- Keep your child in a booster seat until they pass the 5 step test to ride safely without a booster seat.